

Have you been told that you need Spinal Surgery?

If possible, many patients choose to get a second opinion. But, many patients seem unprepared to ask appropriate questions. Here are a list of questions that you should ask the surgeon:

- 1. Based on my examination, workup and treatment history, can surgery be beneficial?
- 2. Have I exhausted the reasonable non-surgical options?
- 3. Is there more than one surgical option?
- 4. Is the surgery recommended by my Surgeon a reasonable option?
- 5. What are the reasons I can expect a successful surgical outcome?
- 6. What are the reasons I may not have a successful surgical outcome?
- 7. What are the risks of not having surgery?
- 8. What are the specific risks of the recommended surgery?
- 9. If I postpone the surgery, is there anything I can do to better my chances for a successful outcome?
- 10. Can you define what is considered a successful outcome for the surgery?
- 11. Can you predict my chances for achieving that successful outcome?
- 12. If you were in my situation, would you proceed with the surgery?
- 13. If the surgery is not successful, is there another option for my situation in the future?

Are you in need of a second opinion? Contact Dr. Shim:

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